

“Step Into My Office”

Ever heard that chilling command from the CEO?

MOST PEOPLE AT SOME POINT IN THEIR LIVES WILL run out of steam for a short period. This is perhaps not so critical as long as you know what to do when it happens. At the end of each day most of us feel the cobwebs thickening in our brains and just have to quit and go to bed. It will come as no surprise, but we aren't all built the same, so the moment of shutdown arrives at different times. Sometimes a sickness will overcome us and we might

be out of commission for a week or more. In both these cases the cure is generally rest and good nutrition.

What about when you run out of steam spiritually? What might be the cure for that? Well, I suppose if we look at the way our physical being works, we might get a good idea of how our spiritual being functions.

We all know how it is: there are times when we are unstoppable in the Lord's work. We're out giving away literature, conducting Bible studies, leading a Sabbath School class. Then one day, for no obvious reason, our zeal flags and it gets harder to get motivated in "good works."

What we've done is spend more time feeding others than feeding ourselves. If a doctor were to apply

the same philosophy, he, too, would soon be sick in the bed, and then where would his patients be? A doctor and an evangelist must be careful that they don't fall victim to, first, the sickness they are treating, and second, ... Battle Fatigue.

As a soldier in the Lord's Army, it is necessary for you, from time to time, to come apart and rest. And during that rest it is especially important to feed yourself, not just with good food for the body, but also with good food for the mind and spirit. Perhaps one of the best forms of rest might be found in what Bible writers called the wilderness — the countryside.

If you live in town, try to arrange with a friend who lives out of town to go and spend a few days where you can surround yourself with the

things that God has made: flowers, trees, bees, and yes, even the weeds. Of course, God can speak to you anywhere, but from time to time He won't mind at all if you step into His "office." As Chief Executive Officer, God has the right to make the rules and give advice as and where He sees fit, right?

You will definitely want to take your Bible with you; perhaps even a couple of different translations that you like. You've given away lots of our books; now sit down and read from them again. You will be surprised at how fresh things look when you haven't spent time with them for a while. if you have an Internet connection where you stay, go to our website and drive around a while; the address is at the top of this page. There are many, many free resources designed to feed your soul, and are great for sharing.

Once you have taken the time to refresh your body and your mind, you will again be fitted to get back on the front line. And I dare say that your Heavenly Father will have been grateful for your visit; He likes to have you to Himself once in a while.

As Owner of all that exists, God gives His human family an opportunity—and His permission—to step off the treadmill once a week and enjoy a Sabbath Day's rest. Yes, Sabbath is a great day to be doing good works, but don't get busy just because you haven't had time during the week, and Sabbath morning you begin to feel guilty. You need rest, just like the doctor needs rest, and that is what Sabbath was originally made for.

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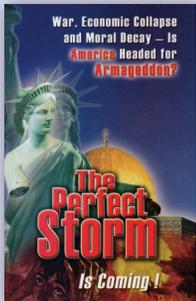
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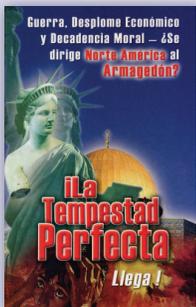
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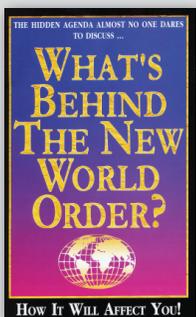


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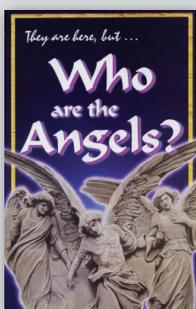
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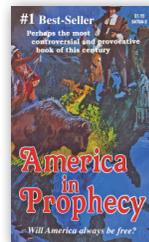
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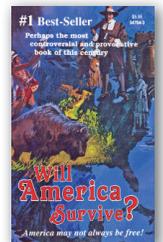


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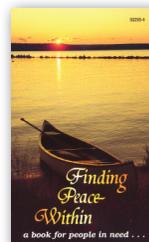
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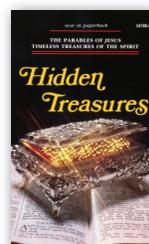
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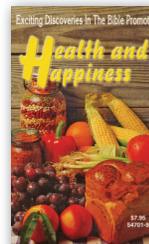
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